

## **RIMI RIGA MARATHON 2024**

### **RACE RULES AND REGULATIONS**

The following English version of the Race Rules and Regulations is provided solely to aid in understanding. In the event of any conflicts arising about wording, the Latvian original version shall be exclusively binding for all parties involved.

#### **1. GOAL AND TASKS**

- 1.1. To promote a healthy, sporty and active lifestyle by increasing the popularity of running and creating a unique and accessible running event in the Baltics.
- 1.2. To make a significant contribution to building the international reputation of Riga and Latvia, raising the prestige and international rank of the Rimi Riga Marathon, as well as promoting a significant flow of international marathon-tourism to Riga and Latvia.
- 1.3. To create a comprehensive platform for a healthy lifestyle, increasing the joy of running in children and young people, involving beginners and uniting business teams and companies.
- 1.4. To determine the best long distance runners, as well as to find out the Latvian champions for adults in the Marathon (42 195 m) distance and in the Road Mile (1 609 m).

#### **2. IMPACT OF THE COVID-19 PANDEMIC ON THE EVENT**

- 2.1. The Race Rules and Regulations of the 2024 Rimi Riga Marathon are currently prepared on the assumption that the course of the event will not be hindered by significant restrictions on the complete closure of traffic and the simultaneous start, race and finish in Riga will be possible.
- 2.2. Given the unpredictability of spread of COVID-19, the Rimi Riga Marathon on the event dates may also be virtual and will be adapted to the restrictions on public events in force on the event date.
- 2.3. The dates of 2024 can be postponed if the regulations of public events will be in force in the spring of 2024, which will not allow the Rimi Riga Marathon to be implemented in full.

#### **3. TIME AND PLACE**

- 3.1. The programme of events for the Rimi Riga Marathon runs on May 18-19, 2024.
- 3.2. On May 18, 2024 Rimi Riga Marathon Kids' Day participants can choose from several courses and distances - course "Happy Babies", "200 m", "400 m", "Sprint King and Queen" (60m) and "DPD mile" (1 609 m).
- 3.3. On May 19, 2024 Rimi Riga Marathon participants can choose from 4 distances - Marathon, Half-marathon, "10 km" and "5 km". The exact start times and event schedule will be announced by March 31, 2024.

#### **4. ORGANISERS**

- 4.1. The Rimi Riga Marathon is being organised by SIA "Nords Event Communications", reg.no. 50003981501 (agency "NECom") in cooperation with Riga City Council.
- 4.2. The main partner of the Rimi Riga Marathon – Rimi.
- 4.3. The Rimi Riga Marathon is the World Athletics Road Races label holder.
- 4.4. Rimi Riga Marathon is the Latvian Marathon Championship and the Latvian Mile Championship.

## **5. DISTANCE AND TIME CONTROL**

- 5.1. The course is through Riga city centre and is measured according to Association of International Marathons and Distance Races (AIMS) regulations.
- 5.2. The total length of the marathon distance is 42,195 m. The length of the half-marathon distance is 21,097.5 m. The exact lengths of the "10 km" and "5 km" distances will be announced to the participants before the event. There will be also "DPD mile", as well as the course "Happy Babies", "200 m", "400 m" and "Sprint King and Queen" (60m) distances for children under 12.
- 5.3. The course maps can be viewed at [www.rimirigamarathon.com](http://www.rimirigamarathon.com), but the organizers reserve the right to change the distance locations in the city by informing the participants before the race.
- 5.4. The course surface for all distances is ~95 % asphalt and ~5 % cobbled.
- 5.5. During the race, the course is closed to transport, controlled with the help of the services responsible within the city of Riga.
- 5.6. Times are set with the help of electronic timing microchips which are attached to each participant's race number for marathon, half-marathon, "10 km", "5 km", "DPD Mile" (see point 14 for conditions of use). Kids' Day participants up to the age of 12 running the course "Happy Babies", "200 m" and "400 m" courses take part without time control.
- 5.7. The time limit for the Marathon distance is 6 hours, 3 hours for the half-marathon, 2 hours for the "10 km" distance, 1 hour 30 minutes for the "5 km" distance and 30 minutes for "DPD Mile".

## **6. START ORGANIZATION**

- 6.1. Rimi Riga Marathon start organization rules, including epidemiological safety rules at start and finish areas, vaccination and / or Covid-19 test requirements, will be announced before the event, informing participants via the event website, Regulations and e-mail provided in the registration form.
- 6.2. The conditions and start organization of the elite program will be announced by December 31, 2023.

## **7. PARTICIPANTS**

- 7.1. Any person independent and with legal capacity born before the May 7, 2005 can register for the Marathon.
- 7.2. Any person independent and with legal capacity can register for the half-marathon, "10 km", "5 km", "DPD mile" distances, as well as register a minor with their express permission, on the condition that registration is completed by an adult independent and with legal capacity, who agrees to provide care and supervision of the minor(s), as well as taking responsibility for the minor(s) during the Rimi Riga Marathon.  
  
The Rimi Riga Marathon organiser merely provides the necessary technical platform and alternative registration solutions necessary for registration and further practical actions up to the participant receiving their number, and the organiser is not responsible for ensuring the accuracy of data given, nor for unlawful use of data by any person for the purpose of registering.
- 7.3. The Kids' Day running distances are divided into different age groups - course "Happy Babies" from 0 to 3 years, "200 m" from 3 to 8 years, "400 m" from 5 to 12 years. Regulations for the registration of participants for the Kids' Day running distances are stipulated in section 12 of these regulations.

7.4. In the Marathon distance, participants start in the following age groups (age calculated as of 31.12.2024):

Men		Women	
<b>M 18-19</b>	born 2005-2006	<b>F 18-19</b>	born 2005-2006
<b>M 20-24</b>	born 2000-2004	<b>F 20-24</b>	born 2000-2004
<b>M 25-29</b>	born 1995-1999	<b>F 25-29</b>	born 1995-1999
<b>M 30-34</b>	born 1990-1994	<b>F 30-34</b>	born 1990-1994
<b>M 35-39</b>	born 1985-1989	<b>F 35-39</b>	born 1985-1989
<b>M 40-44</b>	born 1980-1984	<b>F 40-44</b>	born 1980-1984
<b>M 45-49</b>	born 1975-1979	<b>F 45-49</b>	born 1975-1979
<b>M 50-54</b>	born 1970-1974	<b>F 50-54</b>	born 1970-1974
<b>M 55-59</b>	born 1965-1969	<b>F 55-59</b>	born 1965-1969
<b>M 60-64</b>	born 1960-1964	<b>F 60-64</b>	born 1960-1964
<b>M 65-69</b>	born 1955-1959	<b>F 65-69</b>	born 1955-1959
<b>M 70-74</b>	born 1950-1954	<b>F 70-74</b>	born 1950-1954
<b>M 75-79</b>	born 1945-1949	<b>F 75-79</b>	born 1945-1949
<b>M 80-89</b>	born 1935-1944	<b>F 80-89</b>	born 1935-1944
<b>M 90-99</b>	born 1925-1934	<b>F 90-99</b>	born 1925-1934

7.5. For the Latvian Championship in marathon participants start in the following age groups (age calculated as of 31.12.2024):

Men	Women
<b>Adults</b> born 2006 and older	<b>Adults</b> born 2006 and older

7.6. Half-marathon, "10 km", "5 km" and "DPD mile" participants start in the following age groups (age calculated as of 31.12.2024):

Men		Women	
<b>M 0-17</b>	born 2007-2024	<b>F 0-17</b>	born 2007-2024
<b>M 18-19</b>	born 2005-2006	<b>F 18-19</b>	born 2005-2006
<b>M 20-24</b>	born 2000-2004	<b>F 20-24</b>	born 2000-2004
<b>M 25-29</b>	born 1995-1999	<b>F 25-29</b>	born 1995-1999
<b>M 30-34</b>	born 1990-1994	<b>F 30-34</b>	born 1990-1994
<b>M 35-39</b>	born 1985-1989	<b>F 35-39</b>	born 1985-1989
<b>M 40-44</b>	born 1980-1984	<b>F 40-44</b>	born 1980-1984
<b>M 45-49</b>	born 1975-1979	<b>F 45-49</b>	born 1975-1979
<b>M 50-54</b>	born 1970-1974	<b>F 50-54</b>	born 1970-1974
<b>M 55-59</b>	born 1965-1969	<b>F 55-59</b>	born 1965-1969
<b>M 60-64</b>	born 1960-1964	<b>F 60-64</b>	born 1960-1964
<b>M 65-69</b>	born 1955-1959	<b>F 65-69</b>	born 1955-1959
<b>M 70-74</b>	born 1950-1954	<b>F 70-74</b>	born 1950-1954
<b>M 75-79</b>	born 1945-1949	<b>F 75-79</b>	born 1945-1949
<b>M 80-89</b>	born 1935-1944	<b>F 80-89</b>	born 1935-1944
<b>M 90-99</b>	born 1925-1934	<b>F 90-99</b>	born 1925-1934

7.7. For the Latvian Championship in mile distance participants start in the following age groups:

Men	Women
<b>16+</b> born 2007 and older	<b>16+</b> born 2007 and older

## 8. REGISTRATION FOR THE EVENT

- 8.1. Registration for the Rimi Riga Marathon "Marathon", "Half Marathon", "10 km", "5km", "DPD Mile" and "Sprint King and Queen" distances is opened for registration on June 26, 2023. Registration for the Kids' Day distances will open on February, 2024.
- 8.2. Registration can be completed electronically on the Rimi Riga Marathon website [www.rimiriqamarathon.com](http://www.rimiriqamarathon.com) up to the May 18, 2024 at 20:00.
- 8.3. Registration can be completed personally by the participant or by an authorised person fully independent and with legal capacity (contact person) if a team is registered. The

team's authorised person, when registering team members, confirms that they have informed each registered participant of the rules set out in the regulations (showing the team members these regulations), especially those regulations regarding the participants' health and safety (see section 19). If the team includes a minor, section 7.1 of these regulations applies, including those regarding the care, supervision of and responsibility for the minor during the Rimi Riga Marathon.

- 8.4. When registering for the Rimi Riga Marathon, the following data for each participant must be submitted: name, surname; date of birth; phone number; email address; chosen distance; planned finishing time for marathon and half-marathon distances; and team name if the participant is running as part of a team. The remaining questions in the registration form are optional. "Privacy regulation" among other things describes the personal data procession procedures for the organizing, provisional and up-keeping purposes and is published on [www.rimirigamarathon.com](http://www.rimirigamarathon.com). By registering for the Rimi Riga Marathon, each participant also agrees for the further processing of previous years' results.
- 8.5. A participant will receive a confirmation of successful registration at the time of registration, while each participant will receive a letter with the assigned race number and start time after April 1, 2024, to the email address provided in their application form.
- 8.6. Start numbers with their name and assigned start number will be printed for all participants who register for the Rimi Riga Marathon by April 1, 2024, when registering for the Marathon, Half marathon, "10 km" and "5 km" distances. "DPD mile" participants start bib numbers will indicated only the assigned start number.
- 8.7. Mistakes and errors submitted in the registration process, including date of birth and team name, can be amended up to the May 12, 2024 directly in the registration accounts.
- 8.8. Condemning Russia's aggression in Ukraine, Russian and Belarusian runners will not be able to register for the Rimi Riga Marathon.

## 9. PARTICIPATION FEE AND PAYMENT PROCESS

- 9.1. The participation fees for the Marathon, Half-marathon, "10 km", "5 km" and "DPD mile" races change according to application time:

	15.06.- 30.09.2023.	01.10.- 31.12.2023.	01.01.- 28.02.2024.	01.03.- 30.04.2024.	01.05.- 16.05.2024.
Kids' Day	N/A			€ 0	
"Sprint King and Queen"	€ 3				
"DPD Mile"1,6 km	€ 5			€ 10	
"5 km"	€ 12	€ 16	€ 19	€ 25	€29
"10 km"	€ 15	€ 21	€ 26	€ 30	€ 39
Half-marathon	€ 25	€ 35	€ 45	€ 50	€ 59
Marathon	€ 37	€ 50	€ 59	€ 69	€ 79
Virtual Race	€ 19				

- 9.2. All participants born before the May 19, 1954 who apply for marathon and half-marathon before December 31, 2023 can request 100% discount for the registration. Participants can receive a discount code for the registration by sending a request to [marathon@necom.lv](mailto:marathon@necom.lv) by providing information on their birth data and planned distance.
- 9.3. Participation fees are non-refundable.

- 9.4. The participation fee can be paid:
- 9.4.1. When registering on the official website, using payment cards (Visa, MasterCard) authorized by the bank for online payments at any time during the registration from June 26, 2023 up to the May 18, 2024 at 20:00.
  - 9.4.2. Payments by card must be made as the last step for registration after entering the registration data.
  - 9.4.3. When registering on the official website, invoices for a natural or legal person can be requested. The invoice is prepared electronically and sent out within 2 working days to the contact person identified during registration.
  - 9.4.4. There is commission fee 4.84 EUR for each invoice prepared.
  - 9.4.5. All the registration data and additional purchases that are not paid for within 30 days of entering the data in the database will be deleted automatically and registration will have to be repeated.
- 9.5. If a team has not paid their invoice by May 12, 2024, the team's registration will be cancelled.
- 9.6. Payment for all changes must be made by May 12, 2024 with the payment card or by paying of the invoices received.
- 9.7. Participating in the Latvian Marathon Championship and the Latvian Mile Championship does not require a Latvian Athletics Association license.
- 9.8. A Latvian Athletics Association license does not give the holder the right to participate in the Rimi Riga Marathon without paying the participation fee.

## **10. PARTICIPATION TRANSFER AND DISTANCE CHANGE**

- 10.1. Participants who have paid for their participation in the event can transfer their entry to another person for the 2024 race taking place on May 18-19, by informing the organizers accordingly and filling out the application form on [www.rimirigamarathon.com](http://www.rimirigamarathon.com). The transfer of a participant's entry to another person is free of charge until March 31, 2024. From April 1 to May 12, a transfer can be made by paying an additional fee of 15.00 EUR. Starting from May 13, 2024, it is not possible to transfer the entry to another person.
- 10.2. Participants can change the distance to shorter or longer distances. Each participant may not change the distance more than once. The distance change is done by filling out the application form at [rimirigamarathon.com](http://rimirigamarathon.com).
- 10.3. It is possible to change to a shorter distance free of charge until March 31, 2024. From April 1 to May 12, a fee of 15.00 EUR must be paid for changing the distance. Starting from May 13, 2024, changing the distance is not possible.
- 10.4. If a participant wishes to change their distance to a longer distance, this can be done by the May 12, 2024 at an additional fee of 25.00 EUR. Transition to a longer distance is possible from "5 km", "10 km" and Half-marathon distances. Switching to a longer distance is possible only for participants who have registered and paid at the previous participation fee price level. If the registration was made at the valid participation fee price level, then the participant must make a new registration for the selected distance.
- 10.5. It is not possible to change the distance from "DPD mile" to a longer distance. If the "DPD mile" participant wants to change the distance, then the participant must make a new registration for the selected distance.
- 10.6. From June 26, 2023, until May 12, 2024, participants have the option to transfer their paid entry to the 2024 Rimi Riga Marathon by paying an additional fee of 15.00 EUR. Starting from May 13, 2024, transferring the entry is not possible.
- 10.7. The substitution of team members (replacing a name with another) within the same distance is free of charge from June 26, 2023, until March 31, 2024. From April 1 to May

12, 2024, team member substitutions can be made by paying a fee of 15.00 EUR per each changed member. The participant substitution is done by filling out the request form available at [www.rimirigamarathon.com](http://www.rimirigamarathon.com). Starting from May 13, 2024, participant substitutions are not possible.

## **11. RECEIVING RACE NUMBER**

- 11.1. The participants will receive the start numbers on May 17-18, 2024 at the Rimi Riga Marathon '2024 EXPO (working hours from 10:00 to 20:00), presenting a confirmation letter with the assigned start number and identity document. Detailed information about the EXPO participants will receive by April 2024.
- 11.2. About receiving numbers for Kids' Day distances participants will be notified when registration for Kids' Day will be opened.
- 11.3. Participant numbers in the regions of Latvia (at least 50 km outside Riga) can also be obtained from the courier DPD pick-up network. The fee for such a service is 5.00 EUR. Such a service must be applied for at the time of registration or added later to your registration profile by April 30, 2024.
- 11.4. A team representative can pre-order the packing of their team numbers and their delivery to the office in Latvia by DPD courier. Such a service must be requested and paid at the time of registration or separately from April 5 to May 5, 2024 before 23.59 by filling out the form available on the official website [www.rimirigamarathon.com](http://www.rimirigamarathon.com). Fee for providing such service is:
  - Delivery of up to 50 start numbers 100.00 + VAT, i.e. EUR 121.00.
  - Delivery of start numbers for teams of 51 and more 130.00 + VAT, i.e. EUR 157.30.
- 11.5. On the competition day, May 19, it is not possible to receive participant numbers at the start location. Participants in the Marathon, Half-marathon, 10 km, and 5 km distances must necessarily collect their race numbers in advance, following the procedure mentioned in points 11.1, 11.3, and 11.4.

## **12. SPECIAL REGISTRATION PROCESS FOR KIDS' DAY RUNNING DISTANCES AND THE "DPD MILE" DISTANCE**

- 12.1. Registration for participation in Kids' Day running distances can be completed electronically on the Rimi Riga Marathon website [www.rimirigamarathons.com](http://www.rimirigamarathons.com)
  - 12.1.1. For the "DPD Mile" and "Sprint King and Queen" distances, registration is open from June 26, 2023, until May 17, 2024, at 8:00 PM or until reaching the participant limit.
  - 12.1.2. For the "Happy Babies," "200m," and "400m" distances, registration is open from February to May 18, 2024, at 12:00 PM or until reaching the participant limit.
- 12.2. Registration for the Kids' Day running distances can only be done by an adult and legally capable person who has taken responsibility for the care and supervision of the minor(s) and assumes responsibility for them during the Rimi Riga Marathon.
- 12.3. Running distances are divided into different age groups: the "Happy Babies" distance is for ages 0 to 3, the "200m" is for ages 3-8, and the "400m" is for ages 5-12. The "DPD Mile" and "Sprint King and Queen" distances allow families to participate without age restrictions, provided that at least one adult, fully capable and legally competent family member participates in the race.
- 12.4. Registration for the "Happy Babies" distance, "200m," and "400m" distances for children aged 0-12 is free of charge.
- 12.5. The participant limits for the "Happy Babies" distance, "200m," and "400m" distances in 2024 will be announced at the start of the registration.

- 12.6. Each registered participant receives a unique race number. Participants in the "200m" and "400m" distances have identical race numbers, allowing them to decide on the appropriate distance for the child on the event day. Each child receives only one medal for participating in the free distances.

### **13. FAST LINE ACCESS CRITERIA AND ELITE PROGRAMME RULES FOR LATVIA**

- 13.1. Fast line access criteria and the rules of the elite program for Latvia will be announced by December 31, 2023.

### **14. REGULATIONS ON AFFIXING RACE NUMBERS AND USE OF TIME CONTROL MICROCHIPS**

- 14.1. Time control microchips are affixed to the participant's number. Each microchip is individual and valid only for the participant for whom it is registered. The number and microchip cannot be changed, given to another person or sold.
- 14.2. On the reverse of the number, participants or the adult who registered a minor must fill in the form regarding the participant's health condition, which is meant for the emergency medical services. Participants will be informed on how to fill in their health information via the official website.
- 14.3. On the course, the participant's number must be affixed somewhere visible on their front. The participant's number must be affixed in full, without folding in the sides. Folding the edges of the number may affect the microchip's ability to determine results.
- 14.4. During the race, participants must follow the route and race corridor set by the race referees.
- 14.5. Race referees, their assistants and all the official personnel have the right to expel from the course, as well as the start and finish zone, all participants who are on the course without a bib number.

### **15. OFFICIAL BAG STORAGE DURING THE EVENT**

- 15.1. All participants of the Rimi Riga Marathon in the Marathon, Half Marathon, 10 km, and 5 km distances, who during the registration have expressed the desire to deposit their belongings during the event, have the opportunity to use the official event Baggage Storage. It should be noted that the Baggage Storage for specific distances may be cancelled if necessary to comply with the current public event epidemiological safety regulations.
- 15.2. The official marathon bag and the sticker with the bib number the participants will receive along with the starting number. If the participant does not intend to use the Official Bag Storage, the organizers invite to consider responsibly their need for the official bag and if not used on the race day to refuse the bag to minimize the environmental impact of the event. The official bag can be waived at the moment of registration or later at the registration profile by April 16, 2024.
- 15.3. The reduction of the number of official bags is part of the Rimi Riga Marathon sustainability program "Run for Future by Neste", which is implemented with the aim of reducing the environmental impact of the event.
- 15.4. Only bags provided by the organizers are accepted at the official bag storage. Personal belongings that are handed over in bags other than those provided by the organizers together with the bib numbers will not be accepted.
- 15.5. The bag storage during the event is located on Dome square and participants can leave their bags following the signs with the last digit of the participant's starting number. The official bag can be handled for free of charge and received after the race by showing the



race number. The Marathon Bag will not be returned without showing the participation bib number.

## **16. COLLECTING AND PUBLISHING RESULTS**

- 16.1. The race results are compiled and rankings are assigned based on the time spent on the course, with the timing starting from the moment the main referee gives the start signal until the moment the finish line is crossed.
- 16.2. All participants of all distances will have their "chip times" registered and published on Rimi Riga Marathon's website.
- 16.3. In the Kids' Day "Sprint King and Queen" distance, the results are compiled based on chip time and categorized by age groups.
- 16.4. The race results are published on the official website [www.rimirigamarathon.com](http://www.rimirigamarathon.com) at the time of the event. The results are clarified within 2 hours of the last participant's finish in each distance. In applying to participate, the participant or participant's authorised applicant has consented to the processing this data - its collection, registration, ordering, entering, storing and publishing, including the results, in accordance with the "Privacy Statement" available on the Rimi Riga Marathon website [www.rimirigamarathon.com](http://www.rimirigamarathon.com). By registering the participants, the applicant confirms that he/she has obtained the consent of such a participant to enter the data for processing to the organizers of the Rimi Riga Marathon.
- 16.5. When applying for the Rimi Riga Marathon, participants agree to the use of photographs taken during the event for Rimi Riga Marathon marketing and advertising activities. By applying for the Rimi Riga Marathon, participants confirm their agreement to allow use the photos and videos taken during the Rimi Riga Marathon in accordance with the "Privacy Statement" available on the Rimi Riga Marathon website at [www.rimirigamarathon.com](http://www.rimirigamarathon.com). In the communication activities of Rimi Riga Marathon communication, as well as post-event marketing and advertising activities. Rimi Riga Marathon is a public event that accredits reporters, photographers and operators of media, agencies and Rimi Riga Marathon sponsors.

## **17. VIRTUAL RACE**

- 17.1. At the time of registration, it is possible to choose participating in the race virtually.
- 17.2. Until 30<sup>th</sup> of April, 2024 participants can change the registration for the race to virtual participation by filling in the form available on the Rimi Riga Marathon website at [www.rimirigamarathon.com](http://www.rimirigamarathon.com). However, it is not possible to switch from virtual participation to in person participation.
- 17.3. All participants will be informed about the rules of the Virtual Race from April 1, 2024.
- 17.4. The results of virtual races will not be included in the official Rimi Riga Marathon results.
- 17.5. Participants of the virtual race will receive their unique medal by post. Participants who do not live in Latvia to the postal address indicated in the Registration Profile, while for participants living in Latvia the medals will be sent to his/ her selected DPD delivery point.

## **18. PRIZES**

- 18.1. The winners of all distances are determined by the time spent in the distance, from the time of the start signal given to the time of crossing the finish line.
- 18.2. The awards and prize money for all distances will be announced by 1<sup>st</sup> of April, 2024.
- 18.3. All prizes are subject to income tax according to legislation of the Republic of Latvia.
- 18.4. In the Marathon and DPD Mile distances, the top three men and top three women from Latvia will be awarded with medals from the Latvian Athletics Federation. The fastest



man and fastest woman from Latvia will earn the title of Latvian champion in the Marathon or Road Mile distance.

- 18.5. Cash prizes, gift cards, and Latvian champion titles can only be awarded to participants who run in the certified course set up by the organizers, and these do not apply to virtual race participants.
- 18.6. All participants who finish within the time limit will receive commemorative medals.
- 18.7. Event sponsors and partners may award surprise prizes in specific categories. Information about special awards will be published on the official event website, [www.rimigamarathon.com](http://www.rimigamarathon.com), no later than April 30, 2024.

## **19. HEALTH AND SAFETY**

- 19.1. Rimi Riga marathon on 17<sup>th</sup> and 19<sup>th</sup> of May, 2024 will be organized in accordance with the applicable laws and regulations on compliance with the epidemiological standards of COVID-19 in public measures to prevent risks to the health of participants. The arrangement of the start, course, energy points and finish of the event will be carried out in accordance with the requirements of the legislation and applicable guidelines.
- 19.2. By registering for the Rimi Riga Marathon and starting their race, each participant takes full responsibility for having a suitable health condition for their chosen distance. If the race is run by a minor, then the person who has undertaken to provide care and supervision of the minor(s), as well as taken responsibility for the minor(s) during the Rimi Riga Marathon, is responsible for the suitability of the health condition of the minor(s) for their chosen distance.
- 19.3. Race organisers recommend that everyone, especially marathon and half-marathon participants, consult their doctor on their health condition before running their chosen race.
- 19.4. Race organisers recommend that marathon and half-marathon participants begin training well in advance or at least 12 weeks before the event, and are responsible for their readiness to complete their chosen distance. In case of insufficient training, we invite participants to change their distance by the 12<sup>th</sup> of May 2024 to a shorter one (see point 10.)
- 19.5. The Rimi Riga Marathon is open to Nordic Walkers and participants with the strollers, but the time limit on the course must be observed.
- 19.6. The Rimi Riga Marathon organisers are not responsible for potential injuries or health issues sustained during the Rimi Riga Marathon.
- 19.7. Emergency health care will be available in the start and finish zone as well as along the course. Participants are invited to check the positioning of medical services on the maps available on the official web page before the race. If emergency medical help is needed, participants can go to energy point workers for help, who will contact the emergency services.
- 19.8. When asking the emergency medical service for help during the race, participants must respect the medics' orders on their suitability for completing the race.
- 19.9. After finishing, participants may require a doping test in accordance with regulations of the World Athletics and Association of International Marathons and Distance Races (AIMS). If the doping test reveals a positive result, the participant will be disqualified. No award money will be paid before the official doping test results are made available to the organizers.
- 19.10. It is forbidden to accompany participants during the race by bike or roller skates, excluding the accompanying bicycle escort for the leader group in each distance and other marked bicycles approved by organisers. Cyclists who are on the course without the organizers' signs will be warned by the Riga City Municipal Police and there is

possibility that a protocol with the imposition of an administrative fine is presented to the cyclists.

19.11. Participants and supporters are not allowed to take their dogs to the race venues and locations.

19.12. For safety, organisers do not allow participants to use headphones to listen to music while being on the course.

## **20. DISQUALIFICATION**

20.1. The base principle of the marathon and half-marathon is fair play. All participants who are caught in unfair play and don't run the full distance will be disqualified. The basis for checking is the time fixed at the course and finish control points.

20.2. Applications by other race participants can also be the basis for disqualification, which are checked by the course control point fixed times.

20.3. Participants can be disqualified for reasons other than mentioned above, including racing with a number registered to another participant, positive doping results, ignoring referee orders and other reasons.

## **21. COMPLAINTS**

21.1. Complaints on the race run are accepted up to 2 hours after the participant finishing. Complaints will be reviewed by the head referee straight away.

21.2. All complaints on results are accepted in writing to [marathon@necom.lv](mailto:marathon@necom.lv) within 24 hours of them being published on the Rimi Riga Marathon website. Complaints are reviewed within 7 days of being received.

## **22. EVENT INFORMATION**

22.1. All information on the Rimi Riga Marathon for participants from the organisers is published on the official website.

22.2. Information on updates and changes to the event, where possible, will be given using public announcements being sent to media representatives, announcements on our social media accounts, as well as by sending electronic notifications to all registered 2024 participants.

## **23. CHANGES TO RACE REGULATIONS**

23.1. Organisers have the right to make changes and updates to the regulations. Participants will be informed of regulation changes through the official website.

23.2. More information: [www.rimirigamarathon.com](http://www.rimirigamarathon.com), or by email [marathon@necom.lv](mailto:marathon@necom.lv).